

MINNESOTA STATE UNIVERSITY MANKATO

Food Insecurity and Other Basic Need Resources

During the academic year, the Campus Kitchen (CK) at Minnesota State University, Mankato collects food from local restaurants and makes it into meals for people facing food insecurity. The meals are delivered to community agencies for the agencies to distribute. The Campus Kitchen is a program of Minnesota State Mankato and rents space from Crossroads Campus Ministry, 331 Dillon Avenue. It is located adjacent to The Campus Cupboard, a student food pantry managed by Crossroads Campus Ministry. In addition to the food Campus Kitchen provides to Campus Cupboard, CK also hosts a bread cart and mini-fridge stocked with food in the entry level hallway of Crossroads. This provides the opportunity for students to pick up at least some food if Crossroads is open, but Campus Cupboard is not open.

Sometimes students are reluctant to seek out services. In situations like that, suggest volunteering for one of the agencies, so the person might have a greater understanding of how the system works. For example, if they volunteer with Campus Kitchen, they could take food home after their shift straight from the mini-fridge or bread cart. The Community Engagement Office provides 4 to 9 shifts per week for students to volunteer with Campus Kitchen; sign up to volunteer via the CEO's Organization page on the Engage platform: <https://mnsuamankato.campuslabs.com/engage/organization/community-engagement-office>

For more information about a full range of services available, visit Campus Kitchen at Minnesota State University, Mankato's Facebook page: <https://www.facebook.com/CKMNSUMankato/>. There you can find a map identifying locations of food resources. On the "About" page, you can find resources to support other basic needs. Resources are always changing/updating, so please check that page often. Below is a short list of sources to address food insecurity.

Food

Crossroads Ministries - Programs to seek are the Campus Cupboard (Tuesdays from 11 A.M. - 3 P.M.) and Lunch 4 \$1 (Tuesdays from 11 A.M. - 1 P.M.). Food can be picked up once a week, generally closed over December and spring breaks. 331 Dillon Avenue, (507) 625-6779

ECHO Food Shelf - Emergency food provided 12 times per year. 1014 S. Front St., Mankato, MN 56001 (507) 345-7508

Blue Earth Co. Human Services - Provides SNAP sign up, food, and emergency cash. 410 S. Fifth St., Mankato, MN 56001, (507) 304-4435

SNAP OUTREACH Second Harvest Heartland - Free SNAP Application Assistance. If you have questions about SNAP/Food Stamps, want to be screened, or are struggling with the application, please call (507) 514-3535; toll free (844) 764-5513; main line (651) 209-7963

Centenary Church - Their Holy Grounds program serves a fresh-hot breakfast Mon-Sat from 9-11 A.M., 501 South Second Street, Mankato, MN 56001 (507) 225-6370

Salvation Army - Meals daily from 12-1 P.M. and holiday food baskets available. 700 S. Riverfront Dr. Mankato, MN 56001 (507) 345-7840

Food Not Bombs - This is an international program, but locally, they meet on Sundays during the academic year at the United Universalist Church, 937 Charles Ave., Mankato, MN 56001 (507) 388-5022

PACT Ministries - PACT's Food for All program is once a month. Pay \$5 for all the food you can fit into a basket or bag. 105 W. Lind St., Mankato, MN 56001 (507) 625-7228

Fare for All - Fare for All is a food co-operative. The public may purchase wholesome food for 40-60% discount. For schedule, visit www.fareforall.org. The Mankato distribution site is located at 1124 N. River Dr., Mankato, MN 56003

For more information, contact Campus Kitchen at Minnesota State Mankato. **CK@MSUM** is a program of the Community Engagement Office, 173 CSU, 507-389-5789 or 507-389-6076.