## **NUTRITION & DIETETICS**

The Nutrition and Dietetics major provides students with the academic curriculum necessary to move into a food and nutrition-related career or to continue on to the ACEND-accredited professional program, which culminates in a Master of Science in Dietetics and includes all the Supervised Experiential Learning needed to be eligible for the national Registration exam in Dietetics. The Professional Program in Dietetics is a comprehensive Future Education Model (FEM) program to which students can apply after completing the pre-requisite foundational courses. This professional program is an "accelerated master's degree," leading to both the Bachelor and Master of Science degrees in a five-year curriculum plan. Students completing the four-year degree are eligible to sit for the Dietetic Technician (DTR) registration exam or can seek employment in a wide range of food and nutrition-related careers.

## **PROGRAMS**

## DEGREES AND CERTIFICATES

- Bachelor of Science in Nutrition and Dietetics
- Food and Nutrition Minor
- Master of Science in Dietetics

## ABOUT THE PROGRAM

The undergraduate and graduate programs in Nutrition and Dietetics prepare students for rewarding careers in clinical, community and food service operations, as well as retail, sports, public health, wellness, food science, private practice, management, research and education fields. Graduates of the Bachelor of Science in Nutrition and Dietetics can enter the workforce or choose to go on for an additional year to complete the Master of Science in Dietetics and become a Registered Dietitian Nutritionist (RDN). Our applied approach and hands-on learning in state-of-the-art facilities prepare our students to work in the real world.

## **REAL-WORLD CONNECTIONS**

# Clinical Skills

Health Skills • Food and Nutrition Skills

SKILLS AND TALENTS

- Patient Care
- Dependability
- Advocacy

### CAREERS

- Nutritionist
- Dietitian
- Sports Dietitian
- Nutrition Educator
- Public Health Nutritionist
- Food Safety Manager

## **EMPLOYERS**

- Sodexo Foods
- Mankato Clinic
- Department of Human Services
- General Mills
- Mayo Clinic
  - Morrison Healthcare
  - U.S. Department of Agriculture

## **INSPIRED ACTION**

# 94.7%

of program graduates begin their careers within one year of graduation.

Graduates: 301 Respondents: 251 link.mnsu.edu/graduate-follow-up

## **MEDIAN SALARY**

\$69,680 The median annual wage for Dietitians and Nutritionists in May 2023.

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Dietitians and Nutritionists, at link.mnsu.edu/nutrition-dietetics-salary

### **PROGRAM WEBSITE**



ahn.mnsu.edu/dietetics

**MINNESOTA STATE** 

Minnesota State University, Mankato A member of Minnesota State

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EMPLOYMENT RATE

### SAMPLE FOUR-YEAR PLAN - NUTRITION AND DIETETICS, BS

First Year (Fall)	First Year (Spring)
ENG 101 Foundations of Writing & Rhetoric (4) FCS 101 Introduction to Family Consumer Science (3) PSYC 101 Introduction to Psychological Science (4) BIOL 220 Human Anatomy (4)	SOC 101 Introduction to Sociology (3) COMM 102 Public Speaking (3) CHEM 106 Chemistry of Life Process Part I MATH 110 Perspectives in Mathematics FCS 140 Introduction to Nutrition (3)
Second Year (Fall)	Second Year (Spring)
THEA 101 Acting for Everyone (3) CHEM 111 Chemistry of Life Process Part II (5) FCS 150 Food and Culture (3) ENG 271W Technical Communication (4)	ETHN 101 Introduction to Multicultural & Ethnic Studies FCS 242 Nutrition for Healthcare Professionals (3) BIOL 330 Principles of Human Physiology (4) HLTH 410W Current Health Issues (3)
Third Year (Fall)	Third Year (Spring)
HLTH 210 First Aid & CPR (3) FCS 252 Food Service Systems I (3) FCS 340 Food Science (4) HLTH 475 Biostatistics (3)	FCS 350 Food Service Systems II (3) FCS 444 Experimental Food Science (3)
Fourth Year (Fall)	Fourth Year (Spring)
URBS 150 Sustainable Communities (3) FCS 439 Nutrition for Physical Activity and Sport (3) FCS 446 Lifespan Nutrition (3) FCS 483 Adult and Technical Education in Family Consumer Science (3)	FCS 342 Food Production Management (3) FCS 420 Nutrition Assessment (3) FCS 440 Nutrition II (3) HLTH 488 Worksite Health Promotion (3) FCS 497 Internship (2)

## For more information about program requirements, visit: <u>mnsu.edu/academics/academic-catalog</u>

#### LEARN MORE

**Department of Family Consumer Science** 102 Wiecking Center 507-389-2421

#### NOTES