# **COACHING CERTIFICATION**

The Minor in Athletic Coaching program at Minnesota State Mankato prepares students for a variety of coaching opportunities and positions. Head and assistant coaches are in increasing demand in the State of Minnesota and around the country. This program prepares students for coaching positions in grades 7 to 12. This minor is usually combined with a teaching degree, making the candidate even stronger for teaching positions.

### **PROGRAMS**



### DEGREES AND CERTIFICATES

• Athletic Coaching Minor

### ABOUT THE PROGRAM

The Department of Human Performance offers a minor in Athletic Coaching, which requires 24 credits of preparation. The athletics coaching minor provides students with academic preparation to coach at any level.

### BACKGROUND: HOW DO I PREPARE?

Varsity experience at the high school level is highly suggested. Previous coaching experience with youth sports programs is recommended. Basic training in biological, earth, and social science.

### INTERNSHIPS

The capstone experience is a coaching practicum in either a junior high school, senior high school or college, where students will serve as an assistant coach.

### **REAL-WORLD CONNECTIONS**

### SKILLS AND TALENTS

- Communication
- Problem-Solving
- Planning
- Organization
- Instruction
- Management

#### CAREERS

- Coach
- Scout Executive
- Performance Analyst
- Director of Player Personnel
- Assistant Coach
- Director of Talent Acquisition

### **EMPLOYERS**

- Schools
- Sport Organizations
- Health & Sport Clubs
- Fitness Centers
- Governing Bodies

### **INSPIRED ACTION**

### EMPLOYMENT RATE

**95.8**%

of program graduates begin their careers within one year of graduation.

link.mnsu.edu/graduate-follow-up

### MEDIAN SALARY

\$45,910 The median annual wage for Coaches and Scouts in May 2023.

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Coaches and Scouts at <u>link.mnsu.edu/coaches-salary</u>

### PROGRAM WEBSITE



link.mnsu.edu/coaching

MINNESOTA STATE

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### ATHLETIC COACHING MINOR

## For more information about program requirements, visit: <u>mnsu.edu/academics/academic-catalog</u>

#### **REQUIRED FOR MINOR**

- HP 340 Prevention and Care (2)
- HP 372 Exercise Science for Coaches (3)
- HP 451 Principles of Coaching (3)
- HP 462 Sports Administration (2)
- HP 470 Psychology of Coaching (3)
- HP 482 Coaching Practicum (1)
- HLTH 210 First Aid and CPR (3)

### **REQUIRED ELECTIVES (CHOOSE 2 COURSES)**

- HP 301 Swimming Theory
- HP 302 Wrestling Theory
- HP 303 Volleyball Theory
- HP 304 Track & Field Theory
- HP 305 Baseball Theory
- HP 306 Football Theory
- HP 308 Hockey Coaching Theory
- HP 309 Basketball Coaching Theory
- HP 310 Softball Theory
- HP 311 Cross Country Theory
- HP 316 Tennis Theory
- HP 317 Golf Coaching Theory
- HP 318 Soccer Theory

### LEARN MORE

**Department of Human Performance** 1400 Highland Center 507-389-6313

#### NOTES